

Since 2007 our group has aimed to promote, enhance and preserve the natural beauty of South Pelion and make it accessible for both residents and visitors

In this area we have a wonderful network of stone donkey paths dating back hundreds of years, known as *kalderimi*. They are easily seen within the villages of Pelion. They also link villages and settlements throughout the area.

With the development of mechanised transport and asphalt roads many of the old paths have seemingly disappeared. Some have been converted into rural roads to allow access by agricultural vehicles but many still exist, blocked by vegetation or abandoned through disrepair. Finally a less formal network of footpaths (*monopati*) exists, often allowing foot access to agricultural or grazing land and used by shepherds and local people.

Our group has marked a selection of walking routes consisting of kalderimis, footpaths and earth roads within this area. We have used yellow waymaker signs and red paint marks to help you find your way.

Please be careful when using these routes as in places some may be in poor condition, with loose stones and uneven surfaces or may be partially blocked by vegetation.

Be sure you carry water and wear suitable shoes and clothing for the time of year. Generally serious walking does not take place in July and August.

We always need the help of friends to keep the routes open and improve them. Other activities include group walks, fund raising events and work parties to discover and open up old paths.

If you would like to become a member of our group please see the information panel overleaf with various ways to contact us.

European Emergency Helpline Number **112**

The Friends of the Kalderimi of South Pelion
 Find us on Facebook
 Blog: www.pelionwalks.wordpress.com
 Website: www.pelionwalks.org
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friends of the kalderimi

a selection of walks in South Pelion



Walks and approximate timings

- Milies / Kala Nera 2 hours
- Vizitsa / Kala Nera 2 hours
- Pinakates / Kala Nera 2 hours

- Metochi / Horto 1 hour
- Horto / Milina 1 hour
- Milina / Lafkos 1 hour
- Lafkos / Platania 2 hours
- Promyri / Platania 2 hours
- Promyri / Lyri 1,5 hours
- Platania / Katigiorgis 3 hours
- Lafkos / Metochi 2 hours
- Metochi / Argalasti 1 hour
- Argalasti / Kalamos 1 hour
- Argalasti / Lefokastro 2 hours

- Trikeri / Ag Kiriaki 1 hour
- Trikeri / Kotes 1 hour
- Trikeri / Theriakodas 2 hours

The Friends of the Kalderimi
 Working together with the Council of South Pelion



Map extracts are reproduced by kind permission of Anavasi Maps and Guides. We recommend Anavasi Map 4.3 South Pilio 1:50.000 is used for walking in this area



the green lines indicate the marked walking routes