

## 2. Lefokastro – Argalasti – Kalamos – Lefokastro



*This lovely and varied walk climbs from the Pagasitic Coast at Lefokastro up to Argalasti, partly along a cobbled path (kalderimi) bordered by holm oak. From there you walk over a similar path down to Kalamos. Finally you follow a coastal path with magnificent views of the coast back to Lefokastro. Many plants and herbs grow along the route including thyme, oregano and cistus with its mass of purple pink flowers in May.*

*The walk is 13 kilometres long and ascends to a height of 270 metres. It took us 3.75 hours.*

*Start: to get to Lefokastro you will need your own transport (car or scooter). There are buses to Afissos. The starting point of the walk is the car park at Lefokastro.*

*Map: Mt. Pilio, Road Editions 33, 1:50.000. Some of the paths described are not on the map.*

*Map for waypoints and tracks: Anavasi Topomap 3D op CD-Rom, Pilio – Mavrovouni, South Pilio.*

*Food and drink: In Lefokastro there are three tavernas. You will find tavernas in Argalasti and also a few in Kalamos.*

1. When you leave the car park at Lefokastro you turn left and walk through the village along the sea.
2. Where a sign beside the road indicates Argalasti, follow the bend in the road up to the left. The road initially ascends steeply.
3. About 300 metres further up, at a double electricity pole with a walker sign, you turn left onto a kalderimi. You ascend into an olive grove. After passing two houses the kalderimi narrows and becomes partly overgrown. Red dots mark the route.
4. The path ends at an asphalt road, where there are 3 red dots on stones. Cross the road and follow the path further up on the other side. You reach the asphalt road again.
5. Turn right here and follow the asphalt road.
6. Almost a kilometre further (12-14 minutes), at a bend to the left, an earth road heads to the right to Kalamos - this is indicated on a sign. Also at this point a narrow path leads straight ahead.



Take this path. Soon the path changes into a kalderimi, bordered on both sides by holm oaks with their holly-like leaves. The kalderimi winds between olive groves. Further on there is a bushy area at a stream-bed, with lush ivy in tall plane trees.

7. At a sharp bend to the right, there is also a path that descends to the left. Ignore this path. A bit later you cross a small stone bridge. Continue walking up along the path. Further up an earth road runs parallel to the kalderimi. Follow the kalderimi straight ahead.
8. The kalderimi merges into the earth road.
9. After about 60 metres the earth road bends sharply to the left. The path/kalderimi continues in the same general direction. Note that there is also a path just before this which goes off to the right. We ignore this first path. Right at the beginning of the kalderimi there is a walker sign (yellow plate with black walker) on an olive tree. A little further on you see Argalasti in the distance for the first time.



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A second stream-bed with plane trees follows. After that the route continues climbing towards Argalasti, first as a kalderimi. It changes into a narrow path – here ignore a narrow path to the right and two to the left. You now come into a kind of rocky gully that looks like a stream-bed. At a T-junction the path continues to the right as a kalderimi, with a red dot that marks its beginning. Further on ignore a path to the left. You reach the first houses of Argalasti.

10. Where the kalderimi arrives in Argalasti there is a road to the left. On the left hand side diagonally opposite you there is a renovated building with cypress trees and an iron fence around it. On your right-hand side you see two paths; the first is a concrete path at the beginning of which is a pole with a red dot and a walker sign. The second is a kalderimi. Take this kalderimi. But you can first walk to the square of Argalasti for a drink. To do this turn left onto the road. It leads to the square.



11. Walk back the way you came to point 10 and take the kalderimi there. It soon becomes an earth path.
12. After rather more than 200 metres, just before a vegetable garden, a wide path/kalderimi goes down to the left. In the shade of the tall vegetation on both sides the path meanders down for a while. You follow this path for 1400 metres, The path is partly stony, partly beautifully cobbled and partly unpaved. At a fork keep to the left, following the red dots. You cross a stream. Ignore all side paths on this stretch.
13. The kalderimi opens out into a bend of an earth road. Follow the bend 10 metres to the left, and then turn directly to the right onto a kalderimi which proceeds along the right-hand side of an olive grove. On a stone is a red mark. Follow this path. The path descends, ascends after a sharp bend to the right, and then reaches an earth road.
14. Turn right here and follow the earth road through the olive groves.

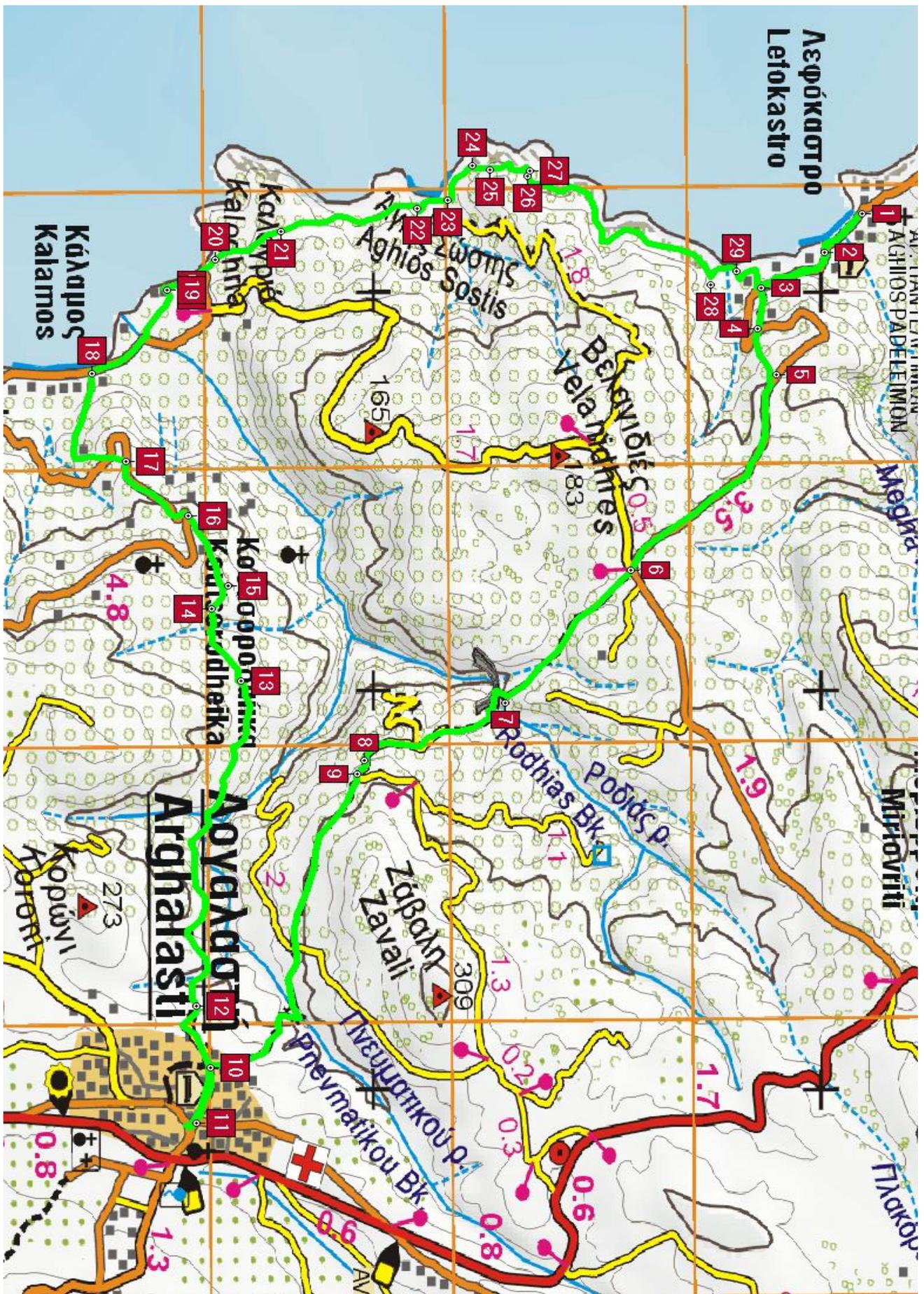


15. After 100 metres you ignore a path that descends to the right and keep left. You can see the sea from here. After a while you see an asphalt road to the left beneath you. The earth road opens out onto this road, at a point where the asphalt road has a sharp bend to the left.
16. Follow the asphalt road down for rather more than 350 metres.
17. Keep your eyes open for a low stone wall on the left side of the road. At this point there is a red dot which marks the beginning of the kalderimi. There is also a red arrow on the asphalt. Follow this kalderimi and cross the asphalt road further down. You continue to descend into Kalamos.
18. Down by the sea you turn right and walk along by the sea. Continue straight ahead on the road between the houses and cross a pedestrian bridge. At a left-hand bend in the road with a public telephone, follow the road. You reach the beach.
19. Turn right here and continue walking alongside the beach. You reach a concrete quay - follow this along by the sea. Past a few houses the concrete quay ends and you continue straight ahead parallel to the beach.
20. Follow the path where it bends to the right. At this corner there is a red mark. You walk out of the village, between olive groves. The path continues below a few houses.
21. The path opens out into a bend of an earth road. Turn left here. At a crossing with another earth road walk straight ahead.
22. A little past a right-hand bend (where you can see the beach on the left beneath you) turn left onto a path in front of a house and walk to the beach.
23. At the other end of the beach turn up left just in front of the fence of a house. Follow this narrow path along the coast line, partly along a fence.
24. About 180 metres further on at a fork in the path keep to the right. Soon you will see red marks again. The path rises sharply.
25. At the top turn left. You walk along a fence with barbed wire. Past the barbed wire the path continues between shrubs and trees.
26. The path opens out onto a concrete slope. Turn sharp left here.
27. Turn right immediately into an olive grove. Follow this path. It goes through olive trees, close to the coast line.



28. After you have descended for a while you see a beach on the left beneath you. Where the path ascends again, a narrow path begins to the left, down to the beach. Walk over the beach to the other side.
29. Before the end of the beach you see a kalderimi which leads upwards. Follow this kalderimi to the first houses of Lefokastro; you will reach the drinking fountain at the start of the walk. Turn left here, walk into the village over the asphalt road and then continue along the sea to the car park.

*Enjoyed your walk? Any comments? Let us know! [info@pilionwalks.com](mailto:info@pilionwalks.com)*



Schreuder